19

16.5

18.5

Weekdays Kitchen opens 6:30 am until 3:00pm

GRILLED SHUK ARTISAN SOURDOUGH

Served with Copper tree farm cultured butter, jam, peanut butter or vegemite.

Bagel 1.5. GF 1. Charcoal 2. Multigrain/Rye available

HOUSE-MADE GF GRANOLA

Yoghurt, berries, seasonal fruits, toasted coconut chips & local organic honey. Vegan option coconut yoghurt 2

SUMMER BIRCHER - VE

Steel-cut oat & chia bircher, coconut yoghurt, mango, berries, activated cacao crunch and coconut chips.

2 EGGS YOUR WAY

Fried, scrambled or poached free range eggs with grilled Shuk sourdough & Copper tree farm cultured butter.

GF 1. Charcoal GF 2. Zhug 1 Add your favourite side

THE CLASSIC AVO

Finely sliced avocado, Meredith Dairy goat curd, chilli oil, fresh chilli, lemon & fresh coriander on sourdough toast.

Vegan option house made almond curd instead of goat curd. GF 1. Charcoal GF 2.

TEFF PANCAKES - GF

Ethiopian teff pancakes, ricotta, banana, berries, halva sweet dukkah & 100% pure canadian maple syrup.

Teff is an ancient Ethiopian grain that's naturally gluten-free, rich in protein, iron, and fiber, with a mild, nutty flavor-perfect for a nourishing start to your day, and at Shuk, it's a treat!

CILBIR BAGEL

Scrambled eggs, avocado, house-made labne, slow roasted cherry tomatoes, chives, Shuk dukkah, aleppo pepper & turmeric dressing. GF 1. Charcoal GF 2.

Add your favourite side

ISRAELI BREAKFAST

2 eggs of your choice (fried, scrambled or poached), olives, Israeli salad, house-made labne and hummus, avocado, green tahini, butter, jam, granola with yoghurt & seasonal fruits.

GF 1. Charcoal GF 2.

Add your favourite side

THE BACON & EGG ROLL - DF 19

2 Fried eggs, grilled bacon, rocket, house-made zhug, aioli & on toasted Israeli roll. Add cheese 3.

CHICKEN SCHNITZEL ROLL 20.5

Lettuce, tomato, zhug, pickled cabbage & aioli on toasted Israeli roll. Smoked eggplant 5

SHUK WRAP - DF

House-made hummus, Israeli salad, pickled cabbage, herbs, shredded cabbage, tahini, amba & zhug.

House-made falafel - VE 17.5 Grilled chicken shawarma 19 12 hour slow cooked lamb 23

CHIPS (Large) Shoestring fries with tomato sauce or aioli.

SHAKSHUKA - DF

2 eggs in slow cooked rich sauce of tomato, capsicum, onion & spices, with marinated olives & Shuk's grilled artisan sourdough. GF 1. Charcoal GF 2. Zhug 1.

Slow cooked lamb 11.5. Smoked eggplant 5.

BALADI SHAKSHUKA

2 eggs in slow cooked rich sauce of tomato, capsicum, onion & spices, with egaplant, feta, and spinach, marinated olives & Shuk's grilled artisan sourdough.

Vegan option no eggs, replace feta with tofu.

ISRAELI SALAD - GF

10 Diced cucumber, cherry tomatoes, parsley, feta, Spanish onion, lemon & olive oil dressing.

FALAFEL TREAT (6) - VE - GF 17.5

House-made green falafel, tahini dressing, house hummus, pickled cabbages, beetroot relish, zhug.

HUMMUS TAHINI - VE

House-made hummus & green tahini. Pine nuts, olive oil, parsley & zhug. Served with warm pita bread.

HUMMUS w CHICKEN SHAWARMA 26.5

Grilled chicken shawarma, pickled, zucchini, tahini, olives, zhug, pine nuts. Served with warm pita bread.

Vegan option with mushrooms

HUMMUS w SLOW COOKED LAMB - DF 28.5

12 hours slow cooked lamb, pickles, olives, zhug & pine nuts. Served with warm pita bread. Hard egg 4. GF 1. Charcoal GF 2.

HUMSHUKA - DF

House-made hummus, 1 egg in slow cooked rich sauce of tomato, capsicum, onion & spices, smoked eggplant, tahini, pine nuts, parsley, zhug, olive oil. Served with warm pita bread. Add Lamb 11.5.

Vegan option with mushrooms

SIDES

Goat curd 5 Almond curd (VE) 5 Feta 5 Fresh tomato 5 House-made hummus House-made labne 5 5 Roasted cherry tomatoes 5 Sautéed spinach Smoked eggplant (VE) 5 5 Tahini sauce (VE) 5 Green tahini (VE) 5 Ricotta 4 Egg (scrambled/fried/poached) 5 Tofu Grilled halloumi 6.5 House-made green falafel (3) 6.5 Avocado (VE) 6.5 Sautéed mushroom 6.5 6.5 Bacon 6.5 Chorizo Smoked salmon 8 Chicken schnitzel 8 8 Grilled chicken shawarma 12 hour slow cooked lamb 11.5

SUPER BOWL - GF

25

27

11.50

25

26

Poached egg, halloumi, mushrooms, kale, almond curd, avocado, Israeli salad, beetroot relish, pomegranate, hemp seeds, pickled cabbage, almonds & fresh herbs.

23

Vegan option with tofu, no egg/halloumi.

CHOPPED SALAD - VE

Burgul, peach, avocado, lettuce, kale, cherry tomato, cucumber, carrot, cabbage, radish. pickled zucchini, pomegranate, almond, pepitas, sunflower seeds & miso dressing. Make it GF without burgul. Add your favourite side.

CAESAR SALAD - GF

Lettuce, avocado, boiled egg, red radish, fennel, parmesan, pine nuts, dill & caesar dressing. GF 1 **CHOOSE YOUR PROTEIN** 25 Falafel (4) 26 Chicken schnitzel 27.5 Smoked salmon Grilled chicken shawarma 27.5

SHUK MEDITERRANEAN PLATE - DF

House-made hummus, Israeli salad, pickles, tahini, pita bread & chips or salad. GF 1 **CHOOSE YOUR PROTEIN** 26 Falafel (4) 26 Grilled halloumi Chicken schnitzel 28.5 Grilled chicken shawarma 29.5

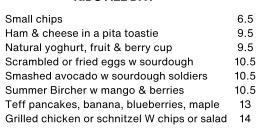
FROM THE COUNTER

Ham & cheese croissant	10
Tomato & cheese croissant	9.5
Green goddess shredded chicken toastie	16
Halloumi, eggplant sundried tomato, pesto,	15
fresh rocket toastie	
NYC Pastrami Sandwich Cheddar, pickled	17
cucumber, chilli aioli	
Prosciutto, mozzarella, rocket pesto toastie	16
Smoked salmon bagel, rocket, capers,	18
labne	

SHUK SOURDOUGH & PASTRIES ARE BAKED FRESH DAILY!

PLEASE SEE OUR FRONT COUNTER FOR MORE OPTIONS. SUBJECT TO AVAILABILITY.

KIDS ALL DAY



V - VEGETARIAN

9.5

VE - VEGAN

DF - DAIRY FREE

GF - GLUTEN FREE

PLEASE ORDER AT THE COUNTER OR SCAN QR CODE ON TABLE

COLD

HOT DRINKS

RAISE A GLASS-

OVER ICE

Iced Latte / Long Black	7.3
Double shot over ice with your choice of m	iilk
Iced Chocolate	7.3
Kids Ice chocolate	6
Cold Brew single origin	7
Cold Brew Chai iced tea	7.3
House-made Cold Brew Chai over ice	
Lemon Chai iced tea	7.3
Cold brew chai, house-made lemon cord	al,
mint.	
Sparkling Lemonade	7.3
House-made lemon reduction & soda.	
Iced Matcha	8.4
Iced Strawberry Matcha	9.4
Iced Coconut Cloud Matcha	
	9.4
Iced Turmeric Latte	9.4

FRESH SMOOTHIES

Mango Lassi - Coconut water, mango, banana, yoghurt, honey.

Mixed Berries - Apple juice, mixed berries, banana, lemon, mint.

Super Green - Coconut water, avocado, mango, banana, spinach, lemon.

Protein Boost - Almond milk, cacao, plantbased protein, peanut butter, banana.

FRESH SQUEEZED JUICES

Orange juice	9
Green apple juice	9
Carrot, orange, lemon	9
Cucumber, apple, celery, ginger	9
Fresh young coconut	8.5
Cold-pressed juices by Shuk 350ml*	8
SOFT	
Still Water	3.7

oun maior
Coke/Coke Zero/Sprite/Fanta
San Pellegrino 250ML
Kombucha
Karma cola

Lemmy/Razza Lemonade

Gingerella *Please ask our wait staff for available flavours

1	COFFEES	REG	LRG
	Flat White	4.8	5.5
	Latte	4.8	5.5
	Turmeric Latte	4.8	5.5
	Piccolo Latte	4.8	
	Mocha	4.8	5.5
	Cappuccino	4.8	5.5
	Long Black	4.8	5.5
	Macchiato	4.6	
	Short Black	3.8	
	Hot Chocolate	4.8	5.5
	Matcha		6.5
4	Babyccino w marshmallow	2	
	Almond, Soy, Oat	0.7	
	Lactose free milk	0.7	
	Extra shot or Decaf	0.5	
	Vanilla syrup	0.7	
	Caramel syrup	0.7	
	Hazelnut syrup	0.7	

TEAS

6 6

6

6

6

Earl Grey English Breakfast Green Tea Peppermint Lemongrass Ginger Chamomile Fresh Mint

HOUSE-MADE CHAI BY SHUK 6.8

Fresh ginger, cinnamon, Indian tea, toasted cardamom, bay leaf, allspice, fennel seed, honey & your choice of milk

SHUK CATERING BRING THE FEAST HOME



Hosting a birthday, brunch, office lunch, or weekend feast? Let SHUK bring the flavour - fresh, generous, and made with love.

Perfect for gatherings, big or small.

COCKTAILS

Aperol Spritz Prosecco, Aperol & Soda	16
Mimosa Orange juice & Prosecco	10.5
Bloody Mary Spiced tomato Juice & Vodka	16
Vodka lime & soda	13
Gin & Tonic	13

SPARKLING	Glass	Bottle
Prosecco Bandini NV, ITA	11.5	55

WHITE

Totara Sauv Blanc Marlborough AU 11.5	55
Nick Spencer, Pinot Gris Hilltops NSW, AU	55
Nick O'leavy, Chardonnay	60

ROSE

5.8

AIX Rose Provence	e, France 2018	15	67

RED

Fat Bastard Malbec Mendoza, ARG	15	67
Lark Hill Regional Pinot Noir, NSW		55
Henschke Five Shillings Shiraz Blend, NS	W	67

Heaps Normal (non- alcoholic)	10.5
Asahi Super Dry	10
Stone & wood Pacific Ale	10.5
4 Pines Pale Ale	10.5
Apple Cider	10

To book your event events@shuk.com.au