

# SHUK

PLEASE ORDER AT THE COUNTER OR SCAN QR CODE ON TABLE

## BREAKFAST

6:30 am -12:30 pm

### TOAST AND SPREADS 8

Cooper tree farm cultured butter, jam, peanut butter or vegemite. (GF) 1, Bagel 1.5

### 2 EGGS YOUR WAY 14.5

Fried or scrambled free range eggs with toasted sourdough & cultured butter. *Check sides for more options* (GF) 1

### THE CLASSIC 16

Avocado, goat curd, chilli oil, fresh chilli, lemon & coriander on Sourdough toast.

(GF) 1, egg 3, smoked salmon 7.5

(Ve) Option almond curd

### GRANOLA 17.5 (GF)

House baked gluten-free granola, yoghurt, seasonal fruits, coconut chips & honey.

(Ve) Option coconut yoghurt 2

### BANANA BREAD & MANGO 16.5

Toasted banana bread, coconut yogurt, fresh mango, granola and strawberry jam.

### TEFF PANCAKES 21.5 (GF)

#### SWEET

Ricotta, banana, berries, halva sweet dukkah & maple syrup.

#### SAVOURY

Whipped ricotta & feta, bacon, fried egg & maple syrup

### SMOKED SALMON ON ROSTI 23.5 (GF)

Potato rosti w/ goat curd, fried egg, beetroot relish, cucumber, dill & lemon oil.

Bacon 6. Avocado 6

### CILBIR BAGEL 22.5

Scrambled eggs, avocado, labne, slow roasted cherry tomatoes, chives, dukkah, aleppo pepper & turmeric dressing.

(GF) 1. Bacon 6. Smoked salmon 7.5

### ISRAELI BREAKFAST 25.5

2 eggs of your choice (fried or scrambled), olives, israeli salad, labne, hummus, avocado, green tahini, butter, jam, granola with yoghurt & seasonal fruits.

(GF) 1. Bacon 6

## SIDES

Egg (scrambled/fried/boiled) 3

Almond curd (Ve) 4.5

Goat curd 4.5

Feta 4.5

Fresh tomatoes 4.5

Hummus 4.5

Labne 4.5

Roasted cherry tomatoes 4.5

Sautéed spinach 4.5

Smoked eggplant (Ve) 4.5

Tahini sauce 4.5

Green tahini (Ve) 4.5

Ricotta 4.5

Tofu 4.5

Halloumi 6

Falafel (3) 6

Sautéed mushroom 6

Avocado (Ve) 6

Bacon 6

Chorizo 6

Potato rosti GF (2) 6

Smoked Salmon 7.5

Confit tuna 7.5

Chicken Schnitzel 7.5

Grilled Chicken Skewer 7.5

12 hour Slow Cooked Lamb 9

## ALL DAY & MEZZE

6:30 am until 3:00 pm

### SHUK SOURDOUGH & PASTRIES ARE BAKED FRESH DAILY!

PLEASE SEE OUR FRONT COUNTER FOR MORE OPTIONS,  
SUBJECT TO AVAILABILITY.

### ISRAELI SALAD 9 (GF)

Tomato, cucumber, onion, parsley & feta.

### LABNE 11

Tomato salsa, hemsps zaatar, chilli oil & pita bread.

### HUMMUS 11 (Ve)

Pine nuts, olive oil, parsley & pita bread.

### HALLOUMI 14.5 (GF)

Mango, rocket, honey, almond & aleppo pepper.

### FALAFEL (6) 15.5 (GF) (Ve)

Tahini, hummus & mix of pickles.

### CHIPS 9 (GF)

With tomato sauce or aioli.

### PITA BREAD 2.8

### "THE CHUTZPAH" CROISSANT 15

Boiled egg, tomato salsa, whipped ricotta & feta, pickles, olives, radish & zhug

### SHAKSHUKA 23 (DF)

Tomato, capsicum, onion, eggs, olives & sourdough. (GF) 1. Lamb 9. Smoked eggplant 4.5.

Chorizo 6. Halloumi 6

(Ve) Option with tofu, eggplant & spinach

### HUMSHUKA 23.5 (DF)

Hummus, shakshuka sauce, egg, eggplant, tahini, pine nuts, parsley, zhug, olive oil & pita bread. (GF) 1. Lamb 9

(Ve) Option with mushrooms

### BRUNCH BOWL 22

Fried egg, mushrooms, broccolini, almond curd, avocado, israeli salad, beetroot relish, pomegranate, hemp seeds, pickled cabbage, fresh chilli, crispy pita, almonds & herbs.

(Ve) Option with tofu. (GF) 1

### HUMMUS LAMB 26.5 (DF)

Hummus with 12 hours slow cooked lamb pine nuts, pickles, olives, zhug & pita bread. (GF) 1 Hard egg 3

## SANDWICHES

ADD COMBO W/CHIPS 4 With tomato sauce/aioli

### THE BACON & EGG 17 (DF)

Bacon, rocket, aioli & zhug served on Israeli roll. (GF) 1

### HALLOUMI W' AVOCADO 17.5

Rocket, tomato, relish & green tahini served on Israeli roll (GF) 1

### CHICKEN SCHNITZEL 18.5 (DF)

Iceberg lettuce, tomato, zhug, pickled cabbage & aioli served on Israeli roll. (GF) 1. Smoked eggplant 2

### SHUK WRAP (DF)

FALAFEL 16.5 (Ve)  
LAMB 21

Hummus, israeli salad, pickled cabbage, herbs, shredded cabbage, tahini, amba & zhug. (GF) 1

### STEAK SANDWICH 25

Riverina minute fillet, tomato, lettuce, pickled cabbage, cheese & aioli, served on milk bun. (GF) 1

## LUNCH

FROM 12:00 pm

CHECK OUR WEEKLY  
SPECIALS ON THE BOARD  
OR ASK THE WAIT STAFF.

### SHAWARMA SKEWERS 24.5 (DF)

Chicken skewers (2), cabbage & carrot coleslaw, harissa, tahini, pickles, radish, Israeli salad & pita bread.

(GF) 1. Add chips 4

Replace chicken with falafel 21

### SHUK MEDITERRANEAN PLATE (DF)

Chips, hummus, Israeli salad, pickles, tahini & pita bread. (GF) 1

CHOOSE YOUR PROTEIN

Falafel (4) 25 (Ve)

Grilled chicken skewers (2) 27

Chicken schnitzel 26

Riverina minute steak 31

Replace chips for salad

## SALADS

### NICOISE SALAD 24 (DF)

Confit tuna, lettuce, hard boiled egg, cherry tomatoes, cucumber, onions, chickpeas, broccolini, carrots, radish, kalamata olives, lemon dressing, served with sourdough. (GF) 1

### HALLOUMI & PEACH SALAD 23.5

Mixed leaf, peach, avocado, carrot, cabbage, onion, cherry tomatoes, cucumber, radish, pomegranate, smoked almonds, miso & sesame dressing, served with sourdough. (GF) 1

### KIND OF CAESAR

Lettuce, avocado, boiled egg, red radish, pickled cabbage, parmesan, pinenuts, crispy pita, dill & caesar dressing. (GF) 1

CHOOSE YOUR PROTEIN

Falafel (4) 24

Chicken Schnitzel 25

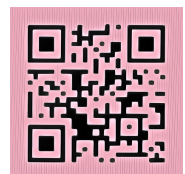
Confit tuna 25

Grilled chicken skewers (2) 26

Riverina minute steak 30

BRING THE FEAST HOME!

SHUK CATERING



SCAN ME

(V) VEGETARIAN (Ve) VEGAN (DF) DAIRY FREE (GF) GLUTEN FREE

We have a variety of dishes to cater to all your dietaries/ allergies -however please note we can not guarantee 100% cross contamination.

# SHUK

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## COLD

### FRESH SMOOTHIES 10.5

**Mango Ginger** - Coconut water, mango, banana, ginger

**Mixed Berries** - Apple juice, mixed berries, banana, lemon, mint

**Super Green** - Coconut water, avocado, mango, banana, spinach, lemon

**Protein Boost** - Almond milk, cacao, plant based protein, peanut butter, banana

### FRESH SQUEEZED JUICES

Orange juice	7.5
Green apple juice	7.5
Carrot, orange, lemon	8.5
Cucumber, apple, celery, ginger	8.5
Fresh Young Coconut	7.5
Cold pressed juices 350ml*	7

### OVER ICE

Kids Chocolate Milk (No ice)	5
Iced Latte / Long Black / Mocha	6.5
Cold Brew	6.5
Cold Brew Chai	6
Lemon Chai	6.5
<i>Cold brew chai, house lemon cordial, mint.</i>	
Iced Chocolate	6.5
Iced Matcha	8
Iced Strawberry Matcha	9
Iced Tumeric Latte	6.5
Pomegranate Lime Soda	6
Lemon Lime Bitters	6.5
Sparkling Lemonade	6

### SOFT

Still Water	3.5
Coke/Coke Zero/Sprite/Fanta	3.5
San Pellegrino 250ml	3.5
Remedy Kombucha 330ml*	5.5

\*Please ask our wait staff for available flavours

## HOT DRINKS

### COFFEES

	REG	LRG
Flat White	4.5	5.2
Latte	4.5	5.2
Turmeric Latte	4.5	5
Piccolo Latte	4.5	
Mocha	4.5	5.2
Cappuccino	4.5	5.2
Long Black	4.5	5.2
Macchiato	4.5	
Short Black	3.8	
Hot Chocolate	4.5	5.2
Matcha		6.2
Babychino	1.5	
<i>Almond, Soy, Oat</i>	0.5	
<i>Lactose free milk</i>	0.5	
<i>Extra shot or Decaf</i>	0.5	
<i>Vanilla syrup</i>	0.5	
<i>Caramel syrup</i>	0.5	
<i>Hazelnut syrup</i>	0.5	

### CHAI BY SHUK 5.5

Fresh ginger, cinnamon, Indian tea, cardamom, bay leaf, allspice, fennel seed, honey & your choice of milk

### TEAS 5

Earl Grey
English Breakfast
Green Tea
Peppermint
Fresh Mint
Lemongrass Ginger
Chamomile



TO SEE OUR FULL RANGE  
OF SERVICES

## ALCOHOL

### COCKTAILS

<b>Aperol Spritz</b> Prosecco, Aperol & Soda	15
<b>Mimosa</b> Orange juice & Prosecco	10
<b>Bloody Mary</b> Hot Tomato Juice & Spices, Vodka	15
<b>Vodka lime &amp; soda</b>	12.5
<b>Gin &amp; Tonic</b>	12.5

### SPARKLING

Prosecco Bandini NV, ITA	Glass	Bottle
	11	52

### WHITE

Totara Sauv Blanc Marlborough AU	11	52
Mountadam, Pinot Gris Eden Vallet, AU		60
Tar & Roses, Pinot Grigio Central Vic, AU		52

### ROSE

AIX Rose Provence, France 2018	14	64
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### RED

Fat Bastard Malbec Mendoza, ARG	14	64
In Dreams, Pinot Noir YarraValey, AU		64
Yangara, Shiraz Mc Laren Vale, SA AU		64

### BEER

Heaps Normal (non- alcoholic)		10
Asahi Super Dry		9.5
Stone & wood Pacific Ale		10
4 Pines Pale Ale		10
Apple Cider		9.5

10% surcharge on weekends - 15% surcharge on public holidays.

\* hours may vary due public holiday

Menu items may vary depending on seasonal availability - SHUK is a fully licensed venue.