

ALL DAY

Acai bowl

House baked granola, banana & strawberry (GF,VE)

Choose Medium \$14 or Large \$16

Sides:

- Coconut chips \$1
- Hemps seeds \$2
- Cacao nibs \$2
- Chia seeds \$1.5
- Nutella \$2
- Sweet dukkha (contain nuts) \$2
- Honey \$1.5
- Natural yoghurt \$2
- Coco yoghurt \$2
- Peanut butter \$1.5
- Blueberries \$2

Baby Acai cup \$5 add peanut butter \$1

Granola House baked gluten free granola, natural yoghurt, seasonal fruits, coconut chips & honey 14

FROM 8am to 12pm

Toasts & spreads Option of butter, jam, peanuts butter or vegemite 9

Croissant toasted with Jam 7

The classic Sourdough toast, avocado, goats curd, chilli oil, fresh chilli, lemon & coriander 18.5

Vegan option with almond curd

FROM 10am

Choose

Wrap \$17 - Pita \$18 - Bowl \$19 - Half pita \$9.5

Falafel Hummus, cucumber, tomato, cabbage, pickles, tahini, amba, parsley (VE)

Halloumi Hummus, cucumber, tomato, cabbage, pickles, tahini, amba, parsley (V)

Sabich Crispy eggplant, hard boiled egg, lettuce, tomato,onion, pickles, parsley, tahini, amba (V) (VE optional)

Schnitzel Aioli, tomato, lettuce, pickles, zhug, herbs, amba

Chicken shawarma Hummus, cucumber, tomato, cabbage pickles, tahini, amba, parsley

We have a variety of dishes to cater to all your dietaries/ allergies, however please note we can not guarantee 100% cross contamination.

SNACKS

Falafel (6 pieces) Tahini, hummus & pickles 16.5

Chips with aioli or tomato sauce 9.5

Kids (only) half pita or wrap 7.5

Choose 1*

Smashed avocado / Tomato & tasty cheese / Schnitzel & salad / Falafel & salad

* please notify the staff for any special requests

FRESH SMOOTHIES 12

Mango Ginger - Coconut water, mango, banana, ginger

Mixed Berries - Apple juice, mixed berries, banana, lemon, mint

Super Green - Coconut water, avocado, mango, banana, spinach, lemon

Protein Boost - Almond milk, cacao, plant based protein, peanut butter, banana

Pineapple Lime Mint -Apple juice, pineapple, lime & fresh mint

Acai smoothie - Coconut water, banana, açai, blueberries, chia seeds, date

JUICES

Fresh Orange Juice 9

Fresh Young Coconut 8.5

Cold pressed Nectar 300ml* 8

SOFT

Remedy Kombucha 330ml* 6

Karma cola 300ml 5.5

Gingerella ginger beer 5.5

Lemy lemonade 300ml 5.5

Lemon Raspberry 5.5

Still Water 3.7

Sparkling Water 6

10% surcharge on Saturday & Sunday & 15% on public holidays